

**DATING**

## Love Language

There are 5 love languages. If you don't get anything from this program, please memorize and download the 5 love languages so you can have a fulfilling life with your partner.

-Gifts

-Time

-Words of affirmation

-Actions: "acts of service"

-Physical Touch

If you want to be truly happy you need to have similar love languages. If someone is "time" and they are with someone that is "actions," this could create friction in the relationship. The "time" partner will have to recognize the love language of their partner and ensure to do the acts of service that make the "acts of service" partner happy.

Identifying your partner's love language can be done by thinking about what your partner complains about. If they complain about not hanging out much or spending time with their partner, they are "time." If they complain about dirty dishes or vacuuming, they are "acts of service." It's key to understand your partner's love language so you can make their life more fulfilling.

I will add that people love gifts, compliments, and touch. This can easily be done to make your partner happy and let them know you are thinking about them and loving them to the max.

What's your love language? \_\_\_\_\_

## **What is dating?**

**I believe dating is searching for your compliment. This is because you want to find someone who has the same interests and beliefs you have. Why? Well, I believe it is because you will have fun hanging out or doing the same hobbies and interests that make life with your ideal partner fun. When life is fun with your partner, you will fall in love with your partner. This makes life feel amazing. That is the key to life and the point of dating.**

**Inorder to find your compliment, you need to know who you are first. What you like. What you hate. What your interests, opinions, and beliefs are. Then you can define what you are looking for in a partner so you can go out into the world and search for that perfect person you love hanging out with and doing life with.**

## What do I like?

Favorite musical genres? \_\_\_\_\_

Favorite Musicians? \_\_\_\_\_

-Favorite Video Games? \_\_\_\_\_

-Hobbies? \_\_\_\_\_

-Food you hate? \_\_\_\_\_

-Favorite Drinks or Cocktails? \_\_\_\_\_

-Favorite Foods? \_\_\_\_\_

-Favorite Desserts? \_\_\_\_\_

-Favorite Movies? \_\_\_\_\_

-Favorite Comedians? \_\_\_\_\_

-Favorite Actors? \_\_\_\_\_

-Favorite Actress? \_\_\_\_\_

-Favorite Color? \_\_\_\_\_

-Jobs I've had? \_\_\_\_\_

-Favorite holiday? \_\_\_\_\_

-Favorite place to travel? \_\_\_\_\_



## What I Want In A Women

I want to share what I am looking for in a woman to jumpstart your critical thinking so you can identify what you are looking for in your ideal partner, girl or guy.

Love's life.

Able to compromise.

Spontaneous.

Doesn't mind staying up late and sleeping in.

Cool.

Kind.

Caring.

Nurturing.

Nice, neat, and natural.

Doesn't get angry often.

Doesn't over do makeup.

Looks hot without makeup

Not a stickler for rules.

Chill.

Adaptable

Doesn't get flustered.

Cute.

Thin.

Likes laughing.

Spending time together. My love language is "time."

Likes sex and will come onto me since I give her permission to do so.

Like edm music and edm festivals.

Likes traveling.

Like skiing/snowboarding.

Positive

Doesn't complain constantly



## Final principles:

- Give a girl 4 to come onto you so as a man, you don't force yourself onto her when she doesn't want to have sex.
- Always ask a girl if you can have sex.
- Allow the girl to decide when the relationship moves to the next stage.
- Make a "notes" tab on your Iphone so you can write down things that matter like "What I want in a woman" or "What I like," to better understand what you are searching for and who you are. Then you can go out into the world to find your perfect compliment.
- Try to go on 1 trip every month, even if it is just for a weekend to break up the monotony and make relationships spontaneous and fun.
- Go out for dinner or make dinner together once or twice per week.
- I believe in the power of a "trial separation." I recommend after dating for 6 months, take a break to see how much your partner means to you. You never know what you have until it's gone. I know multiple people who broke up and got back together with their partner. The cool thing is they know that the partner they did a trial separation with became without a shadow of a doubt their "perfect partner."